

Subject PSHE

Year 9

Curriculum Overview

Intent: Students study PSHE because it acts as a bridge between home, school and society. It provides them with the knowledge, skills and experience to be able to thrive both in their academic careers and in their lives as adults. PSHE offers them a safe space to develop as learners and human beings, and to explore their own understanding of the world around them. The overall aim of PSHE is to enable students to make informed choices with their language and behaviour. Within this subject, students will gain an understanding of structures within society, including political structures, financial and legal systems. The aim of this is to help students to be able to navigate these institutions successfully and have access to the resources that they will need to be successful. The content of these lessons is regularly linked to the Fundamental British Values and to developing an understanding of the Protected Characteristics. This curriculum includes statutory Relationships Sex and Health Education and PREVENT education. It also contributes to meeting the Gatsby Standards by looking at careers. Assessment within these lessons aims to ensure that knowledge has been acquired successfully as well as to give opportunities to identify and correct misconceptions.



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	AUTUMN 1	AUTUMN 2	SPRING 1A	SPRING 1B	SPRING 2	SUMMER 1	SUMMER 2
<p>Core Course Topic: These topics are taught through the identified terms. They are taught in small bitesize chunks and revisited regularly.</p>	<p>Healthy Relationships</p> <ul style="list-style-type: none"> - Difference between healthy and unhealthy relationships - Consent - Child Sexual Exploitation 	<p>The Legal System</p> <ul style="list-style-type: none"> - How laws are made - Fundamental British Values - The legal system - Gangs - Peer Pressure 	<p>Voting Styles</p> <ul style="list-style-type: none"> - How First Past the Post voting works. - Proportional Representation. - The Alternative Vote 	<p>Changing Relationships</p> <ul style="list-style-type: none"> - Thinking about how expectations of relationships have changed over times. - Key events in the LGBTQ+ campaign for civil rights. - How to end friendships without unkindness. - How to deal with grief. 	<p>Safe choices and contraception</p> <ul style="list-style-type: none"> - Reminders about consent. - Sexting and sending intimate images. - Choices about pornography. - How do condoms work? 	<p>Discrimination</p> <ul style="list-style-type: none"> - Reminder about British Values and Protected Characteristics. - Considering the effects of discrimination. - Looking at extremism and the PREVENT strategy. 	<p>Healthy Eating and First Aid</p> <ul style="list-style-type: none"> - Looking at the principles of a healthy diet. - Considering the source, seasonality and characteristics of food. - Develop first aid understanding to be able to look after people around them.
<p>Additional support links: Here are links to additional resources which will help your child</p>	<p>Childline https://www.childline.org.uk/</p> <p>CEOP: https://www.ceop.police.uk/Safety-Centre/</p> <p>Link to Hart School ARCS: http://arcs.hartschool.org.uk/ Also available at the bottom of the Hart School Website.</p>	<p>Advice from Family Lives: https://www.familylives.org.uk/advice/teenagers/behaviour/gangs</p> <p>Link to Hart School ARCS: http://arcs.hartschool.org.uk/ Also available at the bottom of the Hart School Website.</p>	<p>Electoral Reform: https://www.electoral-reform.org.uk/voting-systems/types-of-voting-system/</p>	<p>Stonewall: https://www.stonewall.org.uk/</p> <p>Advice about grief from the NHS: https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/feelings-and-symptoms/grief-bereavement-loss/</p> <p>Resources from YoungMinds for managing grief: https://www.youngminds.org.uk/young-person/my-feelings/grief-and-loss/</p>	<p>Childline https://www.childline.org.uk/</p> <p>CEOP: https://www.ceop.police.uk/Safety-Centre/</p> <p>Brook: https://www.brook.org.uk/</p> <p>Link to Hart School ARCS: http://arcs.hartschool.org.uk/ Also available at the bottom of the Hart School Website.</p>	<p>Information about the 2010 Equality Act: https://www.equalityhumanrights.com/en/equality-act-2010/what-equality-act</p> <p>PREVENT: https://www.counterterrorism.police.uk/what-we-do/prevent/</p> <p>Link to Hart School ARCS: http://arcs.hartschool.org.uk/ Also available at the bottom of the Hart School Website.</p>	<p>Resources for parents from Barnardos: https://families.barnardos.org.uk/13-16-years/healthy-lifestyles</p> <p>BBC Bitesize information about healthy lifestyles: https://www.bbc.co.uk/bitesize/topics/zhvbt39/articles/zmjkhbuk</p> <p>Information about healthy eating from the NHS: https://www.nhs.uk/live-well/eat-well/</p>
<p>Knowledge: Included here is the specific knowledge your child will learn in detail</p>	<p>Students will look at the differences between healthy and unhealthy relationships. They will consider that people show and receive love in different ways. Students will develop an understanding of consent and how to communicate consent. Students will identify signs of child sexual exploitation and what can be done to help people who find themselves in dangerous situations.</p>	<p>Students will look at why laws are necessary and gain an understanding of how laws are created. Students will look at myths about gangs and consider the legal implications of activities which can happen within gangs. Students will look at how to manage peer-pressure.</p>	<p>How voting works under three systems:</p> <ul style="list-style-type: none"> - First Past the Post - Proportional Representation - Alternative Vote <p>Consider the advantages and disadvantages of these voting systems.</p>	<p>How to use key terms with accuracy, when considering relationships, sexuality and gender identity. Strategies on how to end friendships without unkindness. Understanding the process of grief and thinking about strategies to manage grief.</p>	<p>Students will continue to think about consent and how to discuss relationships with confidence. Students will consider the possible consequences of sending intimate images and how they can find support if they need it. Students will look at some of the myths and effects of pornography. Students will consider contraception and think about how condoms work.</p>	<p>Students will look at how discrimination impacts people in different ways. Students will look at what makes ideas extreme ideas and consider the ways that groups aim to radicalise people.</p>	<p>Students will think critically about the food that they consume and how to have a balanced diet. Students will think about where their food comes from and the impact that this has. Students will learn first aid skills around head injuries, choking and CPR.</p>
<p>Skills: Included here is the specific skills your child will learn in detail</p>	<p>Developing communication skills to demonstrate consent and lack of consent. Develop an understanding of where people can go for if they are concerned about CSE.</p>	<p>Students will be developing strategies to say 'no' and safely remove themselves from situations that they do not want to be in.</p>	<p>Evaluating different systems and reaching a conclusion. Justifying your opinion.</p>	<p>Students will develop strategies for managing relationships and supporting their own mental health within relationships.</p>	<p>Students will consider possible outcomes of different scenarios and think about where they can find help when needed. Students will consider how to choose content carefully. Students will learn about condoms.</p>	<p>Students will develop their ability to consume information critically and thinking about why people are communicating in certain ways. Students will develop their understanding of where they can find help if they need it.</p>	<p>Students will develop their critical thinking when making choices about food. Students will practise budgeting to create a healthy diet. Students will develop their practical skills with first aid.</p>
<p>Common Lexicon: These are the key words and terms learnt. These can be</p>	<p>Consent Verbal Non-verbal Child Sexual Exploitation Bystander</p>	<p>Criminal law Civil law Crimes against the person Crimes against property Crimes against authority</p>	<p>Constituency MP First Past the Post Proportional Representation Alternative Vote Majority government</p>	<p>Equality Protected Characteristics Key terms for sexuality and gender identity.</p>	<p>Consent Sexting Contraception Condoms</p>	<p>Discrimination Prejudice Protected Characteristics Extremism Radicalisation</p>	<p>Provenance Sustainability Choking Concussion CPR/AED</p>

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found on knowledge
organisers.

Coalition



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