

Subject: BTEC SPORT

Year 13

Curriculum Overview

Intent:

By the end of yr13 students will have studied **Unit : In Unit 3, Professional Development in the Sports Industry**, learners will research the different possible careers and the associated job roles in the sports industry. They will then produce an action plan for their development towards achieving a selected career aim. They will also research their chosen career to understand how to access and progress within it. Learners will also be expected to take part in application and interview assessment activities for a selected career pathway, drawing on knowledge and skills from across the qualification to identify their own strengths and gaps in knowledge and skills. They will also study **unit 4, Sports Leadership**, where this aims to develop learners' confidence in a variety of different roles when leading sport. They will learn about the requirements of effective leadership and the leader's role, key skills, qualities and characteristics. Learners will be required to take on the role of a leader and demonstrate the necessary range of skills for the selected leadership role independently and as part of a team, when planning and running an event.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Assessment 1			Assessment 2		
Core Course Topic: These topics are taught through the identified terms. They are taught in small bitesize chunks and revisited regularly.	Unit 3: Professional development in the sports industry & Unit 4: Sports Leadership					
Additional support links: Here are links to additional resources which will help your child	Unit 3 Professional development in the sports industry Pearson BTEC national students book 1 2016 specification ISBN 978-1-292-13400-0 Unit 4 Sports Leadership Pearson BTEC national students book 1 2016 specification ISBN 978-1-292-13400-0					
Knowledge: Included here is the specific knowledge your child will learn in detail	Unit 3 Professional development in the sports industry Understand the career and job opportunities in the sports industry The size, breadth and geographic spread of the sports industry, locally and nationally and factors that affect sports provision and employment opportunities. <ul style="list-style-type: none"> • Sport and recreation industry data, economic significance, number of jobs. • Geographical factors – location, environment, infrastructure, population. • Socio-economic factors – wealth, employment, history, culture, fashion and trend. • Season factors, e.g. swimming pools that only open in the summer, summer camps, holiday sports clubs, competition seasons, training camps. <u>Careers and jobs in the sports industry</u> <ul style="list-style-type: none"> • Key pathways – coaching, sports science (e.g. nutritionist, sport psychology, sports therapy and injury management in sport performance, exercise and fitness), sports development (e.g. sports development officers, National Governing Body (NGB) officers, sports administrator) leisure management (e.g. facility management, grounds keeping, activity coordinator) education, sports journalism. • Sectors – public, private, voluntary, third sector, public/private partnerships. • Local employers – public, private, voluntary, third sector, public/private partnerships. • National employers – public, private, voluntary, third sector. • Sources of information on careers in sports. • Definitions of types of employment and practical examples across different sports sectors and career pathways, locally and nationally: <ul style="list-style-type: none"> o full time o part time o fixed-term contract o self-employment (independent, subcontracted) o zero-hours contract o apprenticeships. <u>Professional training routes, legislation, skills in the sports industry</u> <ul style="list-style-type: none"> • Career pathways – progression routes and successive jobs in different pathways: <ul style="list-style-type: none"> o coaching, e.g. NGB awards different disciplines, disability sport, working with children, safeguarding awareness o sports science – specialisms, e.g. nutritionist, sport psychology, sports therapy and injury management in sport performance, exercise and fitness o sports development, e.g. sports development officer, NGB leads, sports administration, talent pathway leads o leisure management, e.g. lifesaving, facilities management/maintenance, health and safety, customer service, marketing and promotion, finance, management activities o education pathways, e.g. Level 2 and Level 3 specialist qualifications, higher education. • Job descriptions and personal specifications for sports industry jobs. • Industry standards – safeguarding (Disclosure and Barring Service (DBS)), codes of practice, e.g. Register of Exercise Professionals (REPs), Sports Coach UK, organisational policies and procedures. 					

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	<ul style="list-style-type: none">• Safeguarding – DBS: self-disclosure, enhanced disclosure, regulations and <p>Unit 4 Sports Leadership</p> <ul style="list-style-type: none">• Roles required in sport and exercise activities or environments:<ul style="list-style-type: none">o activity leader, coach, teacher, instructor, trainer, manager, official, table official, team manager, score keeper, first aider, health and safety officer, risk assessor.• Job descriptors of each role:<ul style="list-style-type: none">o for example, for an activity leader – during activities, ensure rules and regulations are correctly implemented and adhered to so that games and competitions are fair.A2 Skills, qualities, characteristics and application• Key skills of leaders in sport:<ul style="list-style-type: none">o rapport building, confidence, vocal, good communication, authoritative, provide good feedback, motivator, goal setter, collaborator, uses strategies and tactics well,engaging, fearless, forgiving, patient, organised, good listener, good demonstrator.• Key qualities of leaders in sport:<ul style="list-style-type: none">o knowledge of sports skills, knowledge of rules and laws, understanding the mental needs of participants, understanding the physical needs of participants, good communication, high confidence, positive, empathy.• Key characteristics of leaders in sport:<ul style="list-style-type: none">o committed, patient, driven, goal orientated, empowering, objective, persistent, forgiving, attentive, approachable, consistent, firm, fair.• Application of skills, qualities and characteristics in different roles:<ul style="list-style-type: none">o captain – can read the game well, confident, inspires, knowledge of the rules, lead by example, motivates, passionate, praises others, skilful, team mates, uses strategies and tactics well, vocalo coach – analysis, delivery, demonstration, feedback, organisation, observation, questioning, rapport building, safetyo official – authoritative, common sense, communication, consistent, courageous, judgement, knowledge of rules, timekeepero teacher – accountable, adaptable, caring, creative, dedicated, determined, engaging, fearless, forgiving, generous, inspirational, joyful, organised, passionate, patient, resilient, resourcefulo personal trainer/instructor – adapting, commitment, communication, energy, friendly, knowledge, listening skills, motivator, organisation, outgoing.• Effective use of the skills, qualities and characteristics of a leader.• Leads by example, is ethical, has integrity and potential, has a good sense of humour, is confident, is committed, inspires others, is not afraid to make decisions. <p>Importance and effective use of skills, qualities and characteristics when leading</p> <p>Importance of different leadership roles in sport, for example:</p> <ul style="list-style-type: none">• to help athletes develop their full potential• responsible for creating the right conditions for improvements to take place• to educate participants and develop their knowledge and understanding of sport• to maintain order and ensure all rules and regulations are implemented effectively• to enthuse and motivate individuals and teams, ensuring that the team is heard• to help an individual or group of people to achieve their fitness goals
<p>Skills: Included here is the specific skills your child will learn in detail</p>	<p>Unit 3 Professional development in the sports industry</p> <ul style="list-style-type: none">• Explore own skills using a skills audit to inform a career development action plan• Undertake a recruitment activity to demonstrate the processes that can lead to a successful job• offer in a selected career pathway• Reflect on the recruitment and selection process and your individual performance. <p>Unit 4 Sports Leadership</p> <p>The students will learn the following effective leadership skills, Psychological factors that could impact on leadership</p> <ul style="list-style-type: none">• External psychological factors could include:<ul style="list-style-type: none">o group/team cohesiono social loafingo the Ringelmann effecto personalitieso confidenceo motivationo anxiety and arousal.• Internal psychological factors could include:<ul style="list-style-type: none">o attribution theory; self-confidenceo self-esteemo past experienceso the self-serving biaso behaviour: accidental versus intentional behavior.• Importance of psychological factors:<ul style="list-style-type: none">o safetyo environmento goal/outcomeo participant interaction. <p>Leadership and psychological factors</p> <p>Learners are required to show clear knowledge and understanding of what effective leadership looks like and what forms this can take.</p> <ul style="list-style-type: none">• Leadership theories/forms:<ul style="list-style-type: none">o situational leadershipo transformational leadership

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	<ul style="list-style-type: none">o transactional leadership.• Leadership can include:<ul style="list-style-type: none">o strong relationship buildingo clear visiono positive and assertive personal imageo positive attitude to and learning from failureo planning, organising and setting clear objectiveso decision making and finding solutionso perseverance. <p>Explore an effective leadership style when leading a team during sport and exercise activities Expectations of leadership</p> <ul style="list-style-type: none">• Effective leadership roles could encompass:<ul style="list-style-type: none">o the confidence to lead an individual or group/team to improve and succeed in achieving a common goalo the ability to control and educate an individual or a team to reach a goalo the knowledge to develop the skills, techniques and tactical understanding of an individual or team effectivelyo the ability to share an individual's or team's goals and motivate them to achieve their full potentialo the ability to create an inspiring event and lead by exampleo the ability to empower, inspire and energise people
<p>Common Lexicon: These are the key words and terms learnt. These can be found on knowledge organisers.</p>	<p>Unit 3 Professional development in the sports industry – safeguarding (Disclosure and Barring Service (DBS)), codes of practice, e.g. Register of Exercise Professionals (REPs), Sports Coach UK, organisational policies and procedures. Patterns of work full time, part time, fixed-term contract, self-employment (independent, subcontracted) zero-hours contract, apprenticeships. Sport-specific awards, sporting achievements, testimonials, press cuttings, work experience, volunteering, CVs targeting sports industry jobs</p> <p>Unit 4 sports leadership group/team cohesion, social loafing, the Ringelmann effect, personalities, confidence, motivation, anxiety and arousal, Internal psychological factors could include: attribution theory; self-confidence, self-esteem, past experiences, the self-serving bias, behaviour: accidental versus intentional behavior. safety, environment, goal/outcome, participant interaction.</p>