Level 6 or above in single Biology or combined science and a level 6 in maths.

Career opportunities

A Level Biology A is an excellent base for a university degree in healthcare, such as: medicine, veterinary, dentistry, biochemistry, molecular biology and forensic science.

Biology can also complement sports science, psychology, sociology and many more.

Biological expertise is applied within the pharmaceutical, medical, agricultural, environmental, veterinary, microbiological, biotechnological, and food industries.

Biology A Level

Course Overview

Many of the key issues facing mankind now and in the future are essentially biological: populations, disease, conservation, genetic engineering, as well as an understanding of the physiology, behaviour and evolution of humans. All this enables the student to see himself in the context of nature as one amongst many species.

The study of this course will give you an exciting insight into the contemporary world of biology. It covers the key concepts of biology and practical skills are integrated throughout the course.

This combination of academic challenge and practical focus makes the prospect of studying A Level Biology highly appealing. You will learn about the core concepts of biology and about the impact of biological research and how it links to everyday life. You will learn to apply your knowledge, investigate and solve problems in a range of contexts.

Business Btec Level 3

Course Overview

Business Studies deals with some of the biggest challenges we face. Its range encompasses both large scale government decisions which impact upon unemployment, inflation and development, and the small scale decisions made by consumers and firms. The course is suitable for students who are interested in playing a full part in society and have an interest in learning how businesses and the government create benefits and economic wealth.

The exciting next generation BTEC in Business qualification has been developed in collaboration with employers, representatives from higher education and professional bodies. This has ensured the course is up to date and relevant and offers you the knowledge, understanding, skills and attributes required in the business sector.

The qualification covers two years and covers four units which include Exploring Business, Developing a Marketing Campaign and Personal Business Finance and Recruitment and selection processes.

Entry requirements

Grade 4 in GCSE English AND Grade 6 in GCSE Maths OR a minimum of a Merit in BTEC Level 2 Business

Career opportunities

The BTEC in Business Studies is a widely respected qualification, providing a base for understanding and study in a variety of subjects and vocations. It is of particular relevance to any of the social sciences and careers within the financial and business sectors. A very large number of students from The Hart School Sixth Form continue the study of Business & Finance or related subjects at university. Many have found careers in accountancy or banking.

Chemistry A Level

Course Overview

Chemistry is all around us – it is about the very essence and quality of life and its continuous improvement. Chemistry is a challenging subject that is highly regarded by both universities and potential employers.

A Level Chemistry will give you an exciting insight into the contemporary world of chemistry. It covers the key concepts of chemistry and practical skills that are integrated throughout the course, culminating in practical accreditation.

This combination of academic challenge and practical focus makes the prospect of studying A Level Chemistry highly appealing. You will learn about chemistry in a range of different contexts and the impact it has on industry and many aspects of everyday life.

Entry requirements

Students wishing to take Chemistry at A level require a minimum grade of a 6 in Triple Chemistry or Higher Tier Combined Science and have a good working and contextual knowledge of mathematics.

Career opportunities

Chemistry at A-level is an essential subject for those who wish to pursue a career in medicine, veterinary science, optometry, dentistry, pharmacy, pharmacology and forensic sciences. Chemistry is also a significant component in the study of materials science; chemical engineering; metallurgy; natural sciences; earth sciences; agricultural sciences; food technology; biosciences and bio-technology.

Entry requirements

To gain a place on the course it is important learners have passed the BTEC Level 2 Performing Arts course in either: dance, drama or musical theatre.

Career opportunities

Many students that take this course go on to study at a higher level through university. Some use the qualification to apply to theatrical/drama schools with a specific career of performer in mind. However, many of the skills within this subject are transferable and would be highly desirable in other careers such as teaching, or any other sector that requires strong leadership and teamwork.

Dance Btec Level 3

Course Overview

Studying dance provides you with specialist knowledge in different dance forms, dance history, choreography, community dance, arts administration and the commercial and business side of dance and the performing arts. A dance degree also develops transferable skills that are valued by all kinds of employers. This qualification offers an engaging programme to support learners who want to pursue a career in dance.

You are offered the opportunity to develop a range of technical skills and attributes that are desirable to employers with some opportunity to select between optional units. These will give you a degree of choice to study content relevant to your own progression.

You will study, research and perform a range of styles as well as be able to devise their own choreography and perform at a wide variety of events and showcases.

L2 Creative iMedia

English Grade 4 or above

Career opportunities

Students can progress from this course to higher education such as: computer arts, accounting and finance digital marketing business.

Students may enter a wide range of careers ranging from web design, accountancy and VR/ AR developer.

ICT Cambridge Technical Level 3

Course Overview

This qualification is designed for learners who are interested in an introduction into the study of creating IT systems to manage and share information alongside other fields of study, with a view to progressing to a wide range of higher education courses, not necessarily in IT.

A course in ICT will open doors in both an academic or career based pathway. All areas of employment demand every-increasing ICT skills to be held by its members and a qualification that is both skill and theory based can offer the foundation for further study at University or careers in public and private sector organisations.

This course is designed with refreshing and exciting content. During your study you will complete five units of work; three mandatory units and two optional. The mandatory units include Fundamentals of IT, Global Information and Virtual and Augmented Reality. The optional units are Internet of Everything and Social Media and Digital Marketing.

Drama Btec Level 3

Course Overview

The opportunities for students of Drama have continued to develop over the last decade, perhaps nowhere more so than in the Midlands. As Birmingham continues to be promoted as the nation's "Second City" and attracts major Arts organisations to the area, so the West Midlands is becoming recognised as a centre for Culture and the Arts. This qualification offers an engaging programme to support learners who want to pursue a career in drama or have an interest in this expressive art form.

You will be offered the opportunity to develop a range of technical skills and attributes expected by employers with some opportunity to select between optional units. You will study, research and perform a range of styles as well as be able to devise their own performances and perform at a wide variety of events and showcases

Entry requirements

To gain a place on the course it is important learners have passed the BTEC Level 2 Performing Arts course in either: dance, drama or musical theatre.

Career opportunities

Many students that take this course go on to study at a higher level through university. Some use the qualification to apply to theatrical/drama schools with a specific career of performer in mind. However, many of the skills within this subject are transferrable.

Engineering Btec Level 3

Course Overview

The BTEC Level 3 Engineering is designed for learners who are interested in a career in the engineering sector and want to progress to further study in the sector. Learners will take a practical, applied engineering course as part of their Level 3 study programme, which gives them an introduction to the sector.

A BTEC in Engineering is a great choice for students looking for a practical and creative qualification. The course aims to provide students with the relevant skills and knowledge that employers value, as well as the confidence to progress into a fulfilling, exciting career. You will be able to combine this with other qualifications, such as a GCE A Level in Mathematics or Physics, which would allow them to progress to higher education to study engineering or other STEMrelated programmes.

Entry requirements

Merit or Distinction in Level 2 Engineering

Grade 5 or above Maths

Career opportunities

Progression from this

qualification is either to a larger size qualification at Level 3 or run along side other programmes of study to lead to higher qualifications such as degrees in Engineering, Sciences and Computing. This qualification builds a great foundation for working in the engineering sector supporting jobs such as Engineering operatives, Manufacturing Operatives and Semi-Skilled Operatives.

Entry requirements

Grade 5 in English Language or Literature GCSE

Career opportunities

The study of English Language and/or Literature is highly desirable to employers or it can be used to gain access to a huge variety of university courses. Many students choose to pursue the subject in more detail through a Higher Education pathway. Many students have gone on to have careers in journalism, teaching, politics, copywriting and the media.

English Language

Course Overview

English Language is concerned with many different facets of language, from the way we speak to how we use English to assert power and influence and on others. You will develop and apply your understanding of the methods used for the study of language, explore data and examples of language in use and develop your skills as a producer of language.

This course makes you think about how powerful our communication within our society is and how language and meaning are created or shaped.

Grade 5 in English Language or Literature GCSE

Career opportunities

The study of English Language and/or Literature is highly desirable to employers or it can be used to gain access to a huge variety of university courses. Many students choose to pursue the subject in more detail through a Higher Education pathway. Many students have gone on to have careers in journalism, teaching, politics, copywriting and the media.

English Literature

Course Overview

English Literature is about more than just enjoying reading a book although that is an essential qualification for choosing the subject! It is the study of how writers have grappled with the human condition through drama, poetry and prose. It also the study of how different cultural conditions have shaped both literary texts and the responses of readers.

Students will read a wide variety of texts from Chaucer through to the novels written in the 21st Century. They will be encouraged to explore the relationships that exist between these texts and the contexts in which they were written, received and understood. They will also develop the ability to think analytically and to organise their ideas into an academic form.

Environmental Science

Course Overview

Our environment is very important to us because it is where we live and share resources with other species. Environmental science enlightens us on how to conserve our environment in the face of increasing human population growth and anthropogenic activities that degrade natural resources and ecosystems.

Students who enjoy a multi-disciplinary approach to learning and have a keen interest in the sustainability of our planet will find this subject engaging and thought provoking.

Environmental Science is a holistic subject with many interconnected systems and processes. Key topics include the biophysical environment, energy resources, pollution, circular economy and sustainability. There is also a compulsory fieldwork element, where you will undertake sampling, soil and water analysis, species identification and pollution analysis.

Entry requirements

Level 5 in combined science and a level 5 in maths

This is a great accompaniment to A-levels in geography, biology, physics and maths and develops key skills including communication, teamwork and critical thinking.

Career opportunities

Students studying Environmental Science are well prepared for careers in: ecology, environmental planning, water management, water pollution, forestry commission, environmental law and ecotourism. It contains a wide variety of transferable skills that would be desirable for other careers with a scientific base such as forensics or sports science.

Fine Art A Level

Course Overview

The aim of the course is to engage with and explore the visual arts through the production of personal practical work. Outcomes are therefore not prescribed and you will have a great deal of autonomy in developing work that you find interesting and inspiring. The Art staff work closely with the A-level candidates in helping them develop their work successfully and in fulfilling the highest examination criteria. Students in Fine Art will be introduced to a variety of creative experiences that explore a range of fine art media processes and techniques. You will explore the use of drawing using a range of methods and media on a variety of scales including pencil, graphite, biro, ink and charcoal. You will go on to produce practical and critical/contextual work in one or more areas of study, for example: drawing, painting, mixed media, sculpture, ceramics, photography, installation and print making.

To extend the art experience, you will go on a gallery visit to see work first-hand.

Entry requirements

Ideally students will have achieved at least grade 6 in GCSE Art. Students will be considered for this subject if they have not studied it before, but must be able to demonstrate their skill level through a portfolio of work.

Career opportunities

The creative industries in Britain are extensive and include advertising and marketing, photography, film and media, graphic design and illustration, interior design, animation and architecture, fashion and textiles design, product design and many more. Careers linked with art and design are clearly varied and interesting, but often require further study in a more specialised field.

Entry requirements

Grade 6 – GCSE Geography

We encourage curious geographers to apply – students who have a keen interest in the world around them and demonstrate this through their own independent research.

Career opportunities

This course can lead to a degree in Geography or into other associated degrees such as marine studies, environmental management, etc. In terms of employment it is a subject that provides many openings in business management and the professions, the armed services, the civil service and local government.

Geography A Level

Course Overview

The geography syllabus provides a balanced geographical education which builds on GCSE knowledge. The content is taught to emphasise the unity of the subject through reference to the concepts, theories, principles and practice appropriate to the study of both physical and human geography.

This course covers three distinct areas of geography. Physical Geography is where you gain understanding of coastal processes, natural hazards and the interrelationships between the water cycle and the carbon cycle. Paper 2 enables you to strengthen their understanding of contemporary urban environments, global governance and changing places. The third element of the course is a Non – Exam Assessed investigation. This element allows you to investigate an element of the specification you have a particular interest in to apply practical knowledge and skills through research.

Health and Social Care Btec Level 3

Entry requirements

The standard 6th form entry requirements, Level 2 Health and Social Care an advantage.

Career opportunities

Health and Social Care Whether you want to be involved in treating patients directly, researching and developing new medical advancements, or working in vital administrative roles, there are many health and social care areas in which you could find your calling. Students often go on to train for careers in nursing, the ambulance service, mental health and many more.

Course Overview

Health and social care services are changing – care is increasingly complex with new challenges including management of continuity of care, long term conditions, rehabilitation, dementia and end-of-life care. Studying this qualification can open up career opportunities for you in this growing sector. You will cover physical, intellectual, emotional and social development across the human lifespan, and the factors affecting development and the effects of ageing.

The course explores what it is like to work in the health and social care sector, including the roles and responsibilities of workers and organisations. You will focus on the principles and practicalities that underpin meeting individuals' care and support needs, which are the foundation of all the care disciplines.

As students of the subject, you will explore the role of health and social care services in providing care and support to individuals with additional needs.

History A Level

Course Overview

History is more than just looking into the past. The skills that will be developed whilst studying this respected qualification are wide and appeal to future employers and universities. As a result of having to defend opinions and conclusions in class discussions, you will find yourself with many chances to develop your self-confidence.

A level History is a dynamic course designed to stretch and challenge our students. It will allow students to acquire knowledge which spans across British, European and American History over the last 200 years. The study of History at A Level develops your critical thinking abilities and so the subject is very well regarded by leading universities. You will learn skills of problem solving and argument formation, as well as analytical and research skills.

Entry requirements

Grade 6 in History or other essay-based GCSE subjects. Students studying history should have a general interest in the past, the dynamic of looking at various sources and an ability to analyse effectively, as well as being able to use evidence and appropriate structure.

Career opportunities

History complements a number of A Level and degree subjects, not just the humanities. Historians from The Hart School Sixth Form frequently go on to study Law, Economics, Modern Languages, English, Medicine and Politics, as well as History, at university.

Law A Level

Course Overview

Law is a challenging and dynamic course which will allow you to develop your knowledge and understanding of how English Law is created and enforced.

It will enable you to explore how law is enforced within the court structure, personnel, and access to justice. You will examine how legal responsibility in both criminal law and civil law is established and what court procedures, sentencing and damages are available.

You will examine key principles and cases that determine what our laws are today. You will also be given the opportunity to ask questions about the nature and purpose of justice and discuss how morality may conflict with the law.

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Entry requirements

To be successful for A-Level mathematics, students need to achieve a Grade 7 at GCSE.

Career opportunities

Mathematics at A-level is widely recognised by both employers and admission tutors as a most desirable qualification. Apart from standing on its own as a subject it is very versatile in that it can be combined with many other courses of study. Mathematics can be put alongside most other A-levels and should not necessarily be thought of as a companion of the sciences. In certain disciplines at degree level, A-level Mathematics is essential - these would certainly include physics and engineering degrees.

Entry requirements

Grade 6 or above in essaybased subjects provide the necessary skills to succeed. Students studying law should have a general interest in topical events, the dynamic of British Government and an ability to analyse effectively, as well as being able to use evidence and appropriate structure as well as other general essay writing skills.

Career opportunities

Law complements a number of A Level and degree subjects, not just the humanities. Law students from The Hart School Sixth Form frequently go on to study History, Economics, Modern Languages, English, Philosophy and Politics, as well as Law, at university. Many then pursue careers within the legal system such as solicitors, barristers or legal advisers.

Mathematics A Level

Course Overview

A level Mathematics deals with highly abstract topics which require considerable imagination combined with the discipline of 'proof'. It also underpins virtually all the practical developments in science, IT and economics which have formed our modern world.

A level Mathematics gives you the opportunity to study topics such as geometry, calculus and trigonometry (pure mathematics) and to use these ideas within the 'applied' topics such as mechanics and statistics. Mechanics is strongly linked to physics and builds on ideas of motion and forces to work out how and why objects move. Statistics allows us to make sense of the complex and variable world around us via analytical methods in order to draw reliable conclusions from 'sets' of information.

A specific set of GCSE results is not essential but students should have passes in subjects like English Language, English Literature, Graphic Design, Art, Drama, Music or other essaybased subjects.

Students should also have a keen interest in modern media such as TV, film, music and the internet.

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Career opportunities

The study of Media is highly desirable to employers or it can be used to gain access to a huge variety of university courses. Many students choose to pursue the subject in more detail through a Higher Education pathway. Many students have gone on to have careers in journalism, teaching, politics, copywriting and the media.

Media Studies A Level

Course Overview

Film, television, radio, the press, advertising and the internet are the media through which ideas, attitudes and information are communicated.

Media Studies A Level explores how these channels work and how meaning is expressed through sounds, words and images. The course aims to help you understand, criticise and enjoy media products by combining theoretical study with practical projects. You will analyse a vast array of media products from a range of different institutions. This will provide you with a solid foundation of knowledge for when you come to create media products of your own through coursework.

By understanding more about professional practice and how the media industries are run, you will develop a full appreciation of the significance of what we see, hear and read.

Music Btec Level 3

Course Overview

The Btec Music course develops a wide range of musical skills, introducing you to a variety of styles of composition and performance, and developing analytical and listening skills.

All units covered involve students developing their theoretical understanding, professional work in the music industry and playing in an ensemble context. Tasks range from producing extended chord progressions; four-part harmony; live performance and planning an event. Other units are chosen to suit the strengths and interests of the group. The unit currently being taught includes solo performance skills.

In many cases students will pursue the subject beyond Btec at music colleges and universities, and some will continue into a career in performing, music technology, composing or teaching. Music is an excellent subject as it develops lateral thinking, broadens the mind, and reinforces effective learning strategies.

Entry requirements

Students are required to demonstrate that they are able to perform at a Grade 4 standard in order to access performance content.

It is highly advisable that all students should study music at level 2 (BTEC or GCSE) to gain the foundation knowledge to progress onto level 3.

Career opportunities Music is a useful qualification when entering any profession that involves working with others. Music students will not be limited to 'performing' but can gain jobs in many creative fields such as: song writing, session-work, management, teaching and music therapy.

Photography A Level

Course Overview

The aim of the course is to engage with and explore the visual arts through the production of personal practical work. Outcomes are therefore not prescribed and you will have a great deal of autonomy in developing work that you find interesting and inspiring. The Art staff work closely with the A-level candidates in helping them develop their work successfully and in fulfilling the highest examination criteria.

Whilst studying A Level Photography, you will be introduced to a variety of experiences that explore a range of photographic media, techniques and processes. You will explore the use of a camera using a range of photographic methods for example: macro, composition, digital manipulation, zoom burst, aperture, angles all linked to their chosen topic / theme. You will produce practical and critical / contextual work linked to chosen photographers /artists/crafts people.

To extend the art experience, you will be invited to go on trips to expand your learning experience.

Entry requirements

Previous study of GCSE Photography or Art is beneficial for this course but not essential. Students with a passion for art and being creative can apply for this course.

Entry requirements - Grade 6 or above in Art based subjects.

Career opportunities

The creative industries in Britain are extensive and include advertising and marketing, photography, film and media, graphic design and illustration, interior design, animation and architecture, fashion and textiles design, product design and many more. Careers linked with art and design are clearly varied and interesting, but often require further study in a more specialised field.

Entry requirements

Grade 6 in Physics

Career opportunities

The precise analytical and problem solving skills developed by the study of Physics are transferable to many different degree pathways including Physics, Astronomy, Mathematics, Computing, General Science, Sports Science, Chemistry, Biology, Medicine, Health studies, Forensics and Law.

Physics A Level

Course Overview

Physics is a subject of great importance and relevance to students today. It is an essential part of any science, engineering or technology course studied at university and highly desirable in many other areas. A physics qualification gives a great range of opportunities to a student both in a career and at degree level.

Physics A Level is one of the most universally accepted qualifications for progression to university. The course content covers the basis of how things work, from the constituent parts of atoms to the extent of the universe. You will integrate the concepts studied with a range of practical experiments throughout each topic giving the course both an academic and practical focus. You will learn to apply your knowledge of the key concepts to solve problems with an emphasis on contexts and applications.

Grade 6 in Product Design GCSE

Career opportunities

Product Design is often studied alongside Maths, Science, Business and Art. Sixth Form students who have studied the subject in the past have gone on to study Product Design, Game Design, set and props design, Illustration and Engineering at university. Many have gone on to pursue careers in manufacturing, design, graphics or the creative arts.

Product Design

Course Overview

This creative and thought-provoking qualification gives students the practical skills, theoretical knowledge and confidence to succeed in innovative and creative industries. You will investigate influences on design and technology, whilst enjoying opportunities to put their learning into practice by producing products to design briefs. Product Design seeks to develop your knowledge, understanding, skills and application for designing and manufacturing products. Product design encompasses a wide range of design disciplines but is firmly rooted in the skills required to design and make high quality products. Products that are fit for purpose, satisfy wants and needs, enhance our day-today lives and, most importantly, give you the opportunity to demonstrate their design and technology capability.

This course gives you a fantastic opportunity to show off your creativity and flair using sketching, modelling and a plethora of manufactured outcomes.

Psychology A Level

Course Overview

Psychology is the scientific study of human behaviour; its goal is to apply scientific methods such as operationalisation, control and hypothesis testing to enable us to understand complex human behaviours. It contains elements of social psychology as well as the thorough study of biology; focusing on the way our actions and thoughts are shaped by society as well as by our brain, hormones and neurotransmitters.

Studying A Level Psychology enables you to develop critical thinking skills, to analyse and interpret real life phenomenon, as well as conduct your own practical investigations. You will also investigate various psychological theories and studies, learn how Psychology research is conducted, and understand the scientific and mathematical aspects of gathering results from research.

Entry requirements

While the mathematical skills required for this course are not on quite the same level as A level maths, it requires good GCSE grade in Maths and Science and a grasp on analytical skills.

Career opportunities

Sixth Form students studying this subject have gone on to study Psychology, Criminology, Medicine, Veterinary Sciences, Teaching and Nursing at university. Many have gone into careers involving therapy, mental health, counselling or social services, education, advertising, marketing, retail, psychotherapists, forensic and / or criminal psychologists.

Sociology A Level

Course Overview

Sociology is the study of how society is organised and how we experience life. It has been taught in British universities since the very beginning of the twentieth century. Studying A Level Sociology enables you to develop critical thinking skills, to analyse and interpret the world around you.

Through the investigation of people in society, you will seek to understand all aspects of human social behaviour. On this course you will learn to understand why people behave in particular ways when they are part of a group, tribe, culture, religion or nationality, exploring the ways people are influenced by their childhood and education. You will be introduced to the key themes of socialisation, culture and identity, as well as how power and influence can be exerted in society. If you are interested in what makes society tick and how we are affected by the society we live in, this is the course for you. You will study key concepts such as power, gender, ethnicity and culture, as well as mass media, education, crime, deviance and religion. The research, study and written skills developed throughout the course will be an excellent foundation for university and your future career. You will learn to question and challenge ideas and assumptions, critically examine evidence, and experience lots of discussion and debate.

Entry requirements

Grade 5 in English Language or Literature or other essay-based subjects.

Career opportunities

The skills you learn in Sociology are well respected and highly marketable. Students are encouraged to ask and answer questions such as 'what,' how,' and 'why.' This analytical approach is valued by Universities and employers. It also allows considerable choice of careers: Social and Public Administration, Health and Welfare, Education, Journalism, Public Relations and Police Force.

Entry requirements

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A level 6 in GCSE Spanish.

Career opportunities

The A-level course is intended for those students who want to study the language at university either on a traditional languages course or on one of the many business, scientific, legal or engineering courses which now include a language component. These are a direct result of the growing awareness within business and academic circles of the increasing desirability of advanced skills in at least one foreign language which are clearly now recognised as an asset within the job market.

Spanish A Level

Course Overview

The aim of the A-level Spanish course is to enable students in the Sixth Form to continue, as their contemporaries in other EU countries do, with the study of a modern European language in a practical context. The ability to communicate in more than one language is becoming increasingly apparent in many aspects of contemporary business and scientific life.

You will study technological and social change, looking at the multicultural nature of Hispanic society. You will study highlights of Hispanic artistic culture, including a focus on Spanish regional identity and the cultural heritage of past civilisations. Through this course, you will learn about aspects of the diverse political landscape of the Hispanic world. You will explore the influence of the past on present-day Hispanic communities.

Students who have studied BTEC First in Sport will suit this qualification, but we also accept students with a good range of GCSE passes with enthusiasm for sport.

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Career opportunities

The course is designed for entry to roles such as gym instructor or fitness instructor and is appropriate for progression to Level 3 Personal Trainer. Many students have also progressed to university to study sportsrelated courses such as sports coaching, business and management.

Sport Btec Level 3

Course Overview

The Btec Sport qualification is an ideal course for students who wish to pursue a career in the sports industry or pursue a degree in a sports related field. This qualification is mapped to industry standards for the fitness industry.

The Btec in Sport focuses on varying aspects of sport and the various sport industries. You will study externally assessed units on anatomy and physiology. It will also include focussed sections covering fitness training and an internally assessed Unit on the Sports Industry alongside an optional unit. It is an exciting and engaging subject with plenty of opportunities for you to get involved in playing and assisting in sports lessons. It provides a wealth of experiences and skills that help you to progress towards a variety of different goals.

