

## PE YEAR 7, 8 & 9 – What we will be learning in PE this term

As sports men and women, our Y7, Y8 and Y9 students have participated in a number of different sporting activities already during their Core PE lessons. These include; **Rugby Union, Football, Netball** and **Health and Fitness** so far this year. The sports which they will be studying this Autumn are **Netball, Dodgeball, Basketball** and **Badminton**. They could benefit further by knowing the key words below as well as the rules and regulations.

**Parents, you can help by encouraging** your child to **watch tutorial videos** and/or **read up on the rules** and regulations of each of the sports above.

### Netball

Attack  
Defend  
Footwork  
Mark  
Pass  
Shoot  
Pivot

### Dodgeball

Dodge  
Receive  
Skill  
Strategy  
Tactic  
Throw

### Basketball

Attack  
Defend  
Dribble  
Mark  
Pass  
Shoot

### Badminton

Backhand clear  
Backhand smash  
Drop-shot  
Forehand clear  
Forehand smash  
Serve  
Smash