

PENKRIDGE BANK ROAD
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**THE HART
SCHOOL**
*Creative
Education
Trust*

CMI/SHN/RSA

22 June 2026

Dear Parents and Carers,

Character Development Day – Friday 26 June 2026

On Friday 26 June, students will take part in a dedicated Character Development Day centred on the theme of Relationships. This exciting day has been designed to help students develop a deeper understanding of positive relationships, effective communication, conflict resolution and the important role that relationships play in personal wellbeing and success.

Throughout the day, students will participate in a range of engaging and interactive learning experiences across different subject areas.

Art – Relationships Through Creative Expression

In Art, students will explore relationships by expressing emotions, memories and connections through creative design. Using colour, symbols, patterns and personal messages, students will design and create meaningful postcards that reflect friendship, family, community or other positive relationships. This activity will encourage students to think creatively while reflecting on the people and connections that are important to them.

PSHE – Understanding Healthy Relationships

During PSHE sessions, students will examine the qualities of both positive and negative relationships and consider how these can influence wellbeing and behaviour. Through discussion, collaborative tasks and relationship-focused activities, students will explore conflict, learn healthy ways to manage disagreements and develop practical strategies for conflict resolution.

Real Life Scenarios

Students will also participate in a session entitled "Real Life Scenarios", where they will investigate relationship-based situations through discussion and role-play activities. Working together, students will create and perform short scenes that explore communication, conflict, resolution and the challenges that can arise when forming new relationships. These activities will help students develop empathy, resilience and effective interpersonal skills.

Year 8 Fieldwork Opportunity

As part of the day, our Year 8 students will undertake a transect study of the route from school to Rugeley. During this fieldwork, students will monitor and evaluate changes in environmental quality, sustainability, traffic and congestion levels, and community provision. This provides an excellent opportunity for students to apply geographical enquiry skills while considering how communities support positive relationships and wellbeing.

The JJ Effect – Years 7, 9 and 10

Students in Years 7, 9 and 10 will have the unique opportunity to work with The JJ Effect, an award-winning UK life-coaching organisation dedicated to empowering young people through



positive change. Through an inspiring and interactive programme, students will explore topics linked to relationships, self-belief, resilience, personal responsibility and making positive choices for the future.

We are confident that Character Development Day will provide students with valuable opportunities to reflect upon their relationships, develop important life skills and strengthen their understanding of how positive connections contribute to successful and fulfilling lives.

Thank you for your continued support. Should you have any questions regarding the day, please do not hesitate to contact the school.

Yours sincerely,

Mr C Milner
Assistant Principal