



**THE HART
SCHOOL**
*Creative
Education
Trust*

MDI/SHN/RSA

29 August 2025

Dear Parents and Carers,

PE Kit and Participation Expectations – Reminder for the start of term

We would like to take this opportunity to remind you of the expectations outlined in The Hart School PE Policy, particularly in relation to appropriate kit and participation during PE lessons or/and in exceptional circumstances such as high temperatures.

PE Kit Expectations:

Boys	Girls
<ul style="list-style-type: none">• Hart School black shorts• Hart School black polo shirt• Hart School black tracksuit bottoms• Hart School black tracksuit top• Black football socks• Trainers or Football boots• Shin pads (Football only)• Gum shields (Rugby only)• Black thermal top (skins)• Black thermal bottoms (skins)	<ul style="list-style-type: none">• Hart School black shorts or skort• Hart School black polo shirt• Hart School black tracksuit bottoms or black leggings• Hart School black tracksuit top• Black football socks• Trainers• Shin pads (Football only)• Gum shields (Rugby only)• Black thermal top (skins)• Black thermal bottoms (skins)

* Please note the following items are **not permitted**:

- **Short-length cycling shorts, slim gym shorts, or hot pants**
- **Branded shorts or tracksuit bottoms (only The Hart School-branded kit is allowed)**



We understand that the start of the autumn term is approaching and that many families will be preparing for the new school year. With this in mind, we kindly ask that students are fully equipped in line with our PE Policy, which can be found on the [school website](#).

Additional Expectations for PE Lessons

- Long hair must be tied up. Students should bring a bobble to ensure this can be done safely for each PE lesson.
- Students with one pair of ear studs must bring their own medical tape or plasters to cover them. We recommend keeping a spare supply in their school bag at all times.

Injury or Illness Procedure

If your child is unwell or unable to take part in physical activity due to injury, a signed note from a parent or carer is required. Even if they are not participating physically, students must still bring their full PE kit and change into it for the lesson.

They will be involved in alternative roles such as:

- Coaching
- Officiating (umpiring/refereeing)
- Observing and analysing performance

This ensures they continue to engage with the learning objectives of the PE curriculum.

Non-Compliance with PE Expectations

Should a student refuse to wear their kit or borrow a spare item when necessary, the School's Behaviour Policy will be followed accordingly.

We thank you for your continued support in helping us maintain high standards and ensuring students get the most from their PE education.

Yours sincerely,

Miss Dix
Director of Faculty – PE & Health