

# WEEK ONE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

THE MEXICAN KITCHEN

### OPTION #1

**CLASSIC BEEF BOLOGNAISE**  
With Garlic Bread

**GREEN THAI CHICKEN CURRY**  
with 50/50 Rice

**FLAVOURED CHICKEN** with  
Roast Potatoes and Gravy

**MEXICAN BEEF CHILLI**  
with 50/50 Rice or Soft Tacos

**FISHFINGERS OR SALMON FISHCAKES**  
with Chips

### OPTION #2

**AUTUMN VEGETABLE RISOTTO**

**STICKY SOY AND HONEY NOODLES**

**CAJUN SWEET POTATO & SPINACH TART**  
with Roast Pots

**MEXICAN VEGETABLE RICE**

**LOADED HOUND DOG**  
with Chips

### ON THE SIDE

Green Beans  
Carrots

Sweetcorn  
Roasted Broccoli

Cauliflower  
Peas

Pineapple Salsa  
& Slaw

Baked Beans  
Coleslaw

### DESSERT OF THE DAY

**PINEAPPLE UPSIDE DOWN CAKE**  
with Custard

**SCHOOL CAKE**

**PLUM & VANILLA CRUMBLE**  
with Custard

**DATY COOKIE**

**LEMON DRIZZLE SPONGE**

### ALSO AVAILABLE!

**SOUP OF THE DAY**  
**FILLED JACKET POTATOES**

### CHECK OUT...

**OUR HOT AND COLD**  
**GRAB & GO SELECTION**

### MENU KEY

ADDED PLANT PROTEIN   VEGAN OPTION  
 SOURCE OF WHOLEMEAL

### ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

**WEEK TWO**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**OPTION #1**

**BEEF ENCHILADAS**  
With Rice

**STREET FOOD**

**SPICY CHICKEN**  
With Khobez and Tabbouleh Salad

**BUTCHERS SAUSAGE & MASH**  
with Onion Gravy

**HOT WOK CHICKEN NOODLES**

**BATTERED FILLET OF FISH**  
served with Chips & Tartare Sauce

**OPTION #2**

**MACARONI CHEESE**  
With Toppings

**HOUMOUS AND FALAFEL**  
With Khobez and Tabbouleh Salad

**VEGGIE SAUSAGE & MASH**  
with Onion Gravy

**BLACK BEAN VEGETABLES**  
with Rice

**GREEK SPINACH & FILO PARCELS**  
and Chips

**ON THE SIDE**

Roasted Butternut Squash  
Cauliflower

Red Cabbage Slaw and Roasted Chickpea Salad

Broccoli Sweetcorn

Carrots Green Beans

Baked Beans Garden Peas

**DESSERT OF THE DAY**

**BLONDIE WITH BERRIES**

**SYRUP SPONGE**  
with Custard

**APPLE & CHERRY OATY CRUMBLE**  
with Custard

**CHOCOLATE SHORTBREAD CAKE**

**PEAR UPSIDE DOWN CAKE**

**ALSO AVAILABLE!**

**SOUP OF THE DAY**  
**FILLED JACKET POTATOES**

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**WEEK  
THREE**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**OPTION  
#1**

**TANDOORI  
CHICKEN  
STUFFED  
NAAN**

**MEATBALLS  
IN TOMATO  
SAUCE**  
with Spaghetti

**THE CLASSIC  
ROAST DINNER**  
with all the  
trimmings



**CHICKEN  
KORMA**  
with 50/50 Rice

**BATTERED  
FISH**  
with Chips &  
Tartare Sauce

**OPTION  
#2**

**VEGETARIAN  
THAI NOODLES**

**VEGETABLE  
BIRYANI**

**ROAST QUORN,**  
with all the  
trimmings

**SWEET POTATO,  
CHICKPEA &  
SPINACH TIKKA**  
with 50/50  
Rice

**THE BIG PLANT  
BURGER**  
with Chips

**ON THE  
SIDE**

Bombay Potatoes  
Green Beans  
Sweetcorn

Broccoli  
Roasted  
Vegetables

Roasted Carrots  
Red Cabbage

Roasted  
Cauliflower &  
Sambals

Garden Peas  
Baked Beans

**DESSERT OF  
THE DAY**

**WARM BANANA  
FLAPJACK**

**VANILLA SPONGE**

**JAM SPONGE**  
with Custard

**STICKY TOFFEE  
APPLE CRUMBLE**  
with Custard

**BERRY CRUMBLE  
CAKE**

**ALSO AVAILABLE!**

**SOUP OF THE DAY  
FILLED JACKET POTATOES**

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**VEGAN OPTION**

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