



MDI/SPO
February 2020

Dear Parent/Carer

PE lesson expectations

The PE and Health faculty continues to promote high expectations to ensure that pupils maximise their physical education learning time and experience.

This will ensure that students embed a solid understanding of the knowledge and skills required for each sport or sporting activity. Taking part in these activities often requires the students to change from school uniform to PE kit, so we would like to remind you of the following:-

1. All students are asked to get changed promptly therefore any student who has forgotten their PE kit will be loaned a kit for the lesson. We do expect that students will wear the kit and take part in the lesson.
2. Students who are excused should bring a note written by their parents or carers explaining the reason why they cannot take part.
3. Students who are excused, should bring and wear their full PE kit. As they will be part of the learning process, in the form of a coach or umpire, and supported by the teacher.
4. For health and safety reasons, long hair should be tied back and all jewellery should be removed.
5. During cold weather students are expected to wear a thermal black top and bottoms underneath their PE kit to keep them warm. Coats and blazers are not allowed.
6. Students who have a PE lesson Period 5 must get changed back into their full school uniform before leaving the building. Students will not be allowed to leave in their PE kit.

The Hart School is very proud of its uniform and the PE kit is an important part of this. Therefore, students should be wearing the correct kit for every PE lesson. As a reminder, the kit that they are required to bring is as follows: -

Boys	Girls
The Hart School Black shorts	The Hart School Black shorts/Skorts
The Hart School Black polo shirt	The Hart School Black polo shirt
The Hart School black tracksuit bottoms	The Hart School black tracksuit bottoms or Black leggings
The Hart School Black tracksuit top	The Hart School Black tracksuit top
Black football socks	Black football socks
Trainers or football boots	Trainers or football boots
Shin pads (Football only)	Shin pads (football only)



Gum shields (rugby only) Black thermal top and bottoms (to be worn under the PE kit) Towel PE kit bag/plastic bag	Gum shields (rugby only) Black thermal top and bottoms (to be worn under the PE kit) Towel PE kit bag/plastic bag
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Perfume sprays or aerosol deodorants cannot be used within school or the changing rooms. Therefore, if a student wishes to bring a deodorant to school, it must be a 'roll on' or 'stick'.

We will be introducing a separate PE kit bag with The Hart School's logo on for those students who wish to purchase one. The cost of each bag will be £1.50 and this will be available to purchase via ParentPay and collected from Student Reception. These can be clearly labelled with the pupil's name and form and will be ideal for students to keep their PE kit separate from their school books and equipment.



In addition, we are currently looking to recruit 'PE Prefects' to support staff in raising the profile of sport. The prefects will be involved in the running of sporting events; student voice activities; coaching and leading various sporting activities. These students will be given full training and rewarded for the work they do.

We would like to thank you in advance for your support as parents and carers to ensure that students make the most of their experience in the PE and Health faculty.

Yours sincerely

Miss M Dix
Director of Faculty – PE and Health