

PENKRIDGE BANK ROAD
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MDI

Dear Parent/Carer

Important update-PE Lessons from September 2020

As you are aware the Hart school is following strict government guidance due to the current Covid19 situation. Therefore, as you can appreciate, we have limitations in the use of our changing rooms at this time.

It is our utmost priority to keep our students safe at this time. We also appreciate that we need children to access a broad and balanced curriculum which will engage them in physical activity, leading to a healthy lifestyle, whilst rebuilding their knowledge and social skills, and maintaining their emotional well-being.

The school will be split into year group bubbles who are restricted to their zones. We are proposing that their PE lessons will take place as normal for 1 hour a week. Students will follow the summer term curriculum which will take place outside for the first half term if the weather permits. If the weather is poor, we will have the opportunity to use our spacious indoor sports dome or gym. Where this is impractical, we will teach classroom-based PE theory lessons.

Students will remain in their school uniform, however, will remove their tie and blazer and will bring their trainers to wear whilst taking part in PE. The activities that students take part in will be low-intensity, skills-based lessons in order to avoid students getting hot and sweaty. These activities include throwing, catching, batting, bowling to name but a few. We believe that for the moment this is preferential to sitting all day in PE kit or not doing any physical activity.

Students will be collected and returned to their classroom bubble by their designated PE teacher. As with all lessons, students will sanitise their hands on leaving their classroom bubble and upon return from their PE lesson.

We will be reviewing our approach on a half termly basis in line with government advice. We hope to have students in full PE Kit, doing their normal PE lessons as soon as is possible.

I would like to thank you in advance for your support as parents and carers to ensure that pupils can make the most of their experience in the PE department.

Yours sincerely

Miss M Dix
Director of Faculty – PE and Health